



## JANUARY MEETING

**Saturday, February 21, 2009 - 9 A.M**

South Suburban Evangelical Free Church  
12600 Johnny Cake Ridge Road  
Apple Valley, MN

Located two blocks north of the corner of McAndrews (County 38) and Johnny Cake Ridge Road. Go in the side door located on the East Side of the building. Turn right and walk until you see the stairs. You may go up the stairs or take the elevator located to the right of the stairway. Turn left from the stairs or elevator and then turn left into the hallway and go to room 255.

### **President's Letter**

Hello Fellow Quilt Dreamers!

With the big snowmelt we had this past week, I almost feel like Spring is in the air, but I think I might be having wishful thinking. With 8 of my 10-daycare children ill with the flu, I am trying to stay sane and well, hope you all are healthier than we are.

Speaking of spring, our March Quilt Show draws closer by the minute. I always enjoy seeing everyone's quilts, and the bidding wars can get down right rough, but always very entertaining, and profitable to our group. So keep working on those quilts, I'm definitely looking forward to it all.

This month's meeting will be dedicated to finishing up kids' quilts, and, as much as I cannot believe that nearly a year has gone by, we will also be electing new officers. Please think about what you are willing to contribute to our guild, and come prepared with your nominees. I know there are many of you out there that would make great officers.

All right Ladies, see all of you soon. Don't skip this meeting now, or you may well find yourself an officer.

Gail

**Next Meeting: SHOW TIME! Saturday, March 21, 2009 – Galaxie Library**

**Newsletter Info Deadline: Thursday, March 12, 2009**

**Quilt Dreamer's 16th Annual Bag Lady Quilt Show – Carol Jacobson**

Our 16th quilt show is a little more than one month away. I hope you are getting as excited about our show as I am. The show is not only a time to 'show-off' what we have made, but I believe it also brings us closer as a guild. We get to know others a little better during the time we spend setting up the show, and also sitting back and enjoying our works and talking with each other. I am so glad to be a part of such a warm and friendly group of loving and caring people.

This sweet 16-year for our show has a theme of "How Sweet It Is!" is taken from what Jackie Gleason used to say at the end of his show. Life is sweet indeed, but sometimes you need to look for it and other times you are blessed with sweetness when don't expect it. The entries for the small quilt auction should portray that theme in however you want to interpret it (i.e., chocolate, rainbow, kids, flowers, animals, sweet treats, love, people or whatever you want). There will be prizes awarded for best theme entry as well as a drawing for anyone who enters a small quilt. More information about prizes will be available at the show.

Also Gwen will be making the quilt entry forms available at the meeting and online and will have specifics about the entry deadlines at the meeting. T-shirts can be ordered from Liz or Joyce (depending on the kind you want). The more that order the less the cost. Information will be at February's meeting.

Be sure to get the president quilt blocks to Zee by our February meeting.

I need someone (one or two people) for the Welcome Table to greet people as they come in to see the show. This also consists of having quilt show goers sign our guest book and informing them briefly that we have a small quilt auction, quilts we make for kids and member quilts. Also provide a handout about our guild if the person is interested. Please let me know if you would like to help with the show as the Welcome Table chairwomen or co-chairs.

The chairwomen for this year's show are listed below. If you would like to help with any of these, please contact the person in charge of the committee and let them know of your interest.

<u>2009 Bag Lady Quilt Show Committee</u>	
Show Chair	Carol Jacobson
Publicity	Liz Tarr
Welcome Table	OPEN
Member Quilts	Gwen Lundgren
Quilt Descriptions	Gwen Lundgren
Small Quilt Auction	Marion Draeger & Pat Current
T-Shirts	Liz Tarr
Food Coordinator	Mary Kuhn
Special Projects	Marion Draeger
Kid's Quilt Display	Susan Ude

I am looking forward to another great show with a great group of quilters-YOU! Thanks, Carol J

## 2009 Bag Lady Quilt Show Registration and Other Info – Gwen Lundgren

What would a quilt show be without quilts? We will need quilts to display. So, finish up your latest masterpiece and show it off. A form to register it is attached to the newsletter for you to copy and send by mail. Or even better, put all of the information into an email and send it to Gwen. [glundgren@charter.net](mailto:glundgren@charter.net)

Quilts do not need hanging pockets as we hang from skirt hangers. When your quilt is folded and ready to bring to the show, please safety pin a sheet of paper (8 ½' x 11") with the Name of the Quilt and Your Name to the top surface of the folded quilt. As soon as possible, areas will be designated for the quilts. Please put them in their area according to size.

## February Birthdays

Happy Birthday this month goes out to Jean Loken (2/8) and Shawn Mothershead (2/20). We hope your birthdays were or will be filled with fun, family and friends!

## Food for February Meeting – Liz Tarr

For this month we are taking our theme from the University of Nebraska at <http://lancaster.unl.edu/food/redfoods.pdf> so let's celebrate red foods for Valentine's Day:

“See Red” on Valentine's Day and throughout the year. Red fruits and vegetables contain many health-promoting phytochemicals including lycopene and anthocyanins. This color group may help promote the following: a lower risk of some cancers, a healthy heart, memory health and urinary tract health.

**Red fruits and vegetables include:** Tomatoes, spaghetti sauce, pizza sauce, tomato juice, red peppers, red onions, beets, red cabbage, kidney beans, apples, pink grapefruit, red grapes, strawberries, cherries, watermelon, raspberries, cranberries and pomegranates.

## Some "red" ideas for Valentine's Day (or any day!) include:

Heart-shaped pizza: Shape pizza dough into a heart. Or, use a heart-shaped cookie cutter to make individual hearts from pizza dough. Spread with your favorite tomato pizza sauce. Add your choice of toppings. Pasta with tomato sauce. For added fun, serve heart-shaped pasta — check with stores offering specialty pasta shapes or order some online. Check delivery time if you order online.

Snacks: add a few of those tiny red-hot cinnamon heart candies to popped corn.

Salad: toss lettuce with such red additions as red bell peppers, cherry or grape tomatoes. Or make Cole slaw with such red foods as red peppers, red onions, and apples or made with red cabbage.

Sandwiches: Make a polka-dotted open-faced peanut butter sandwich. Cut bread into a heart shape, spread with peanut butter and dot with dried cranberries. Or, make a smiley face with the dried cranberries. Another idea would be to purchase some heart-shaped crackers, if available at your local store; substitute for the bread. (Editor's Note: Valley Natural Foods in Burnsville has organic peanut butter or you can grind your own out of organically grown peanuts.)

**Food continued:**

Cranberry Sauce: use that bag of cranberries in your freezer that you bought when they were on sale.

Cereal: Oatmeal topped with a heart shape made with dried cranberries or dried cherries.

Raspberry smoothie: put 3/4 to 1-cup vanilla-flavored yogurt in a blender. Add a few tablespoons of frozen raspberries at a time; blend until desired consistency. After mixing — if desired — blend in 1 or more teaspoons of sugar or no calorie sweetener to taste.

Pink/red grapefruit half: top with a sprinkle of brown sugar; add red grapes as a side dish to your sandwich for noontime nibbling.

**2009 Bag Lady Quilt Show Shirts – Liz Tarr**

At the January meeting I will have information about ordering “Bag Lady” shirts again this year. Again we will print the bag lady picture in black (so dark shirts will not work) with Quilt Dreamers printed underneath. However this year there will be a greater choice of shirts available. There will be pique or jersey polo shirts (long and short sleeve) and long and short sleeve T-shirts. I will have a catalog with the color choices. Prices will depend on the total number of shirts ordered but price ranges are listed below. The highest price is if less than 10 shirts are ordered and the lowest price is if more than 16 shirts are ordered.

Long sleeve polo shirt: 23.71 - 20.96  
Short sleeve polo shirt: 19.63 - 16.88  
Long sleeve T-shirt: 14.75 - 12.00  
Short sleeve T-shirt: 12.25 - 9.50

There will be a sign up sheet with the catalog at the January and February meetings. If you will not be at either of these meetings please let me know if you want a shirt before the February meeting. I will put the order in after the meeting and pick up shirts before the quilt show. I will take payment upon delivery of shirts so that I can figure the final price based on number of shirts ordered.

Liz Tarr  
651-322-5016  
lizquilts@charter.net

### **Chemo Caps – Cindy Wilson**

In mid-January, 120 chemo caps were taken to the American Cancer Society, given on behalf of Quilt Dreamers! THANK YOU to everyone who has helped to make these caps, in whichever style you chose.

Now for a quick challenge! If you still have a kit, please make up the caps and bring them to the February meeting so that we'll have samples to display at our Show.

If you have a chance to complete your kit(s), please bring back the bag, pattern and needle, and I can make more kits without having to use new baggies, buy more needles, or make more pattern copies. Thanks again! Cindy

### **Quilt Layering Update – Joyce Fagerness**

Just a reminder that if you have taken any quilts home to finish, they should be brought back so they can be shown at the quilt show next month. Where did January and February go? On those cold days last month, I was busy at my sewing machine trying to finish up some quilts I had started. Progress is slow; I always find a new pattern that I want to try. I am always looking for scrap quilt patterns so if you find an easy one, please bring it to the meeting. Thanks. I will bring the information for the Quilt Dreamers shirts to the next meeting so if anyone is interested in buying one, they will need to pay for it at the meeting. See you on Saturday!

### **Check Out This Website – Gwen Lundgren**

QuiltQua  
[www.quiltqua.com](http://www.quiltqua.com)

The owner of this website contacted me to verify the information about our guild. I had never heard of it, but it looked like a great place to find a guild, quilt show or museum in an area you might be traveling to. So check it out. If anyone knows anything bad about it, we can ask to have our posting taken down. Gwen

### **2008 – 2009 Schedule**

February 21, 2009	Layer and finish quilts <b>and election of officers for 2009-2010</b>	So. Sub. Evangelical Free Church
March 21, 2009	Bag Lady Quilt Show	Galaxie Library – Apple Valley

## 2008 – 2009 Quilt Dreamers Officers

President	Gail Hayes
Vice President & Quilt Labels	Zee Ebeling
Treasurer	Gwen Lundgren
Outreach & Preemie Quilts	Gwen Lundgren
Special Projects	Marion Draeger
Quilt Coordinator	Joyce Fagerness
Newsletter/ Membership	Stephanie Power
Food	Liz Tarr
Turbans	Cindy Wilson
Historian	Marge Tarr

**From Liz Tarr: I think maybe we should have a recording secretary take minutes like these each month:**

Shenandoah Community Church Wednesday Quilting Bee and Social Gathering—September 3<sup>rd</sup>

The meeting was called to order ten minutes late in the quilters' beehive. Punctuality is a virtue and we are fallen women. Although it is not within my realm of duty to report the culprits, I can say that when the gavel fell, Cathy Adams and Anna Mayhew were still conferring in the corner.

We dispensed with committee reports when it became clear that no one, not one committee chair, had anything to report. The day I forget to transcribe these minutes will be the day I order my casket. However, it is not my right to question the workings of other women's minds.

We agreed, under pressure and protest, to drop "Wednesday" from our title in the future. Need I report here which impatient quilter was responsible?

Show and Tell was far more popular. We have taken it upon ourselves to make wall hangings and lap quilts for *La Casa Amarilla*, which will soon be filled with children each school day afternoon. Of course, in keeping with the theme, each quilt must have yellow in its pattern. Helen Henry is piecing bumblebees for the kitchen walls. Penny Greenway is appliquéing a lap quilt of baby ducklings. Kate Brogan is piecing a small table runner with gold and green sunflowers. Cathy Adams, Anna Mayhew, and I have combined talents to produce a Virginia Reel quilt of bold primary prints on a bright yellow background.

Show and Tell took the entire morning. Had we not debated the placemats of every scrap of fabric on every quilt, perhaps it might have gone more quickly. Those who could still chew after flapping their jaws all morning remained to enjoy bag lunches.

Sincerely,  
Dovey K. Lanning, recording secretary

From Endless Chain by Emilie Richards 2005