



Mary Lu Turban

This hat must be made from a knit fabric. Do not use woven fabric. (Save that for quilts!!) T-shirt knits work best.

1. For each turban, cut one rectangle 12" x 20" and one tab 2 1/2" x 4". Be sure the stretch goes the long way on each piece. See diagram. Most knits are about 60" wide so you may be able to get three across. If so, you will get nine from each 1 1/8 yard.



2. Using a large sharp needle, thread with kite string or two strands of strong thread. Double over and knot.
3. Fold large piece right sides together, to be 10" x 12", and hand gather the seam opposite the fold. Pull up gathers tightly and knot. Remember that bare heads are sensitive and try to bury the knot down in the gathers.
4. Fold tab lengthwise so both long edges just meet or slightly overlap in center. Pin at ends to keep folded.
5. Hold up hat so gathers are on top and fold on bottom. You will be sewing the right edge closed. Slip tab in seam with long edge tight against fold. The overlapped edges on tab should be face up. Pin in place.
6. Sew the seam using a ball-point or universal needle and either a straight stitch or a very narrow zigzag. Start stitching at gathered end. Stop about 2" before the fold. Reach inside the hat and grab the other end of tab. Bring it out and lay on top seam against fold. Hat will be gathered up inside tab. Finish stitching. Backstitch and clip ends. This is very confusing on paper, but easy to do.
7. Turn right side out and adjust gathers under the tab. Center tab. The knit fabric will turn under and not ravel so no finishing is necessary. Donate to The American Cancer Society.

Suggestions: Tabs can be contrasting color. Buttons, bows, etc can be used to decorate. Everything must be washable. We have been told these are very comfortable and do not fall off easily. Please use soft knits and keep the inside soft. If your knit is not very stretchy, it should be cut more than 20" long. Experiment, but remember these are worn on bare heads, not over hair.

Picture borrowed from I Can Dream turban pattern at:
<http://icandream.com/crafts/a/turban/index/shtml>