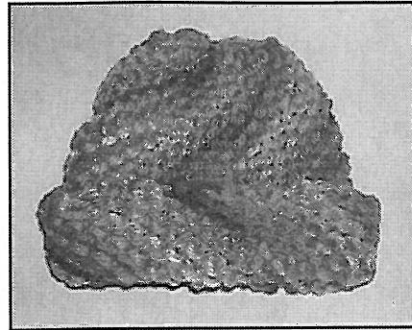


Debbie's Preemie Patterns

Patterns developed for The Preemie Project

SPIRAL HAT



Size US9 needles

Worsted weight yarn (my prototypes are Red Heart Kids (a colorful, variegated worsted-weight yarn)).

Newborn: Cast on 30; knit to length of 10-10.5"

XL preemie: Cast on 26; knit to length of 9"

L preemie: Cast on 22; knit to length of 8"

M preemie: Cast on 19; knit to length of 7"

S preemie: Cast on 15; knit to length of 6"

XS preemie: Cast on 12; knit to length of 5.5"

Note: Length becomes the circumference of the hat when the seam is sewn up.

Rows 1 & 2: knit

Row 3: K2 tog, K to second to last stitch inc, knit 1

Row 4: K

Repeat rows 3 & 4 to length as above.

Bind off.

Sew seam (this will be a diagonal seam), gather top. Add pompom if desired.

If using baby/sport weight, use smaller needles (try size 6) to make a smaller size hat.

Notes: Gauge is unimportant, just knit to size*. I knit my prototypes in Red Heart Kids (a worsted-weight yarn), because I get tired of all the pastel baby colors. It is semi-soft off the skein, and softens up quite a bit when washed.

*Baby hat lengths (brim to crown, on the above pattern this would be the width of your knitting as cast on).

Newborn: 6 to 6.5"

XL preemie: 5.5"